**National Association of Boys & Girls Clubs**

**UK Club Athletics Championships 2023**

**(Run under UK Athletics Rules – Licence No. SOUTH R.A.C.TF-005)**

****

**Hosted by**

**Durham Association Boys and Girls Clubs**

**Sunday 2nd July 2023**

**Commencing at 12 noon Prompt**

**Shildon-Sunnydale Leisure Centre**

**Middridge Lane, Shildon**

**DL4 2EP**

**Tel: 0300 026 6448**

<https://www.durham.gov.uk/shildonsunnydaleleisurecentre>

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

The finals take place this year on Sunday 2nd July 2023 at Shildon-Sunnydale Leisure Centre, Middridge Lane, Shildon, DL4 2EP. Tel no. 0300 026 6448

**entries** This event is open to all NABGC Clubs in England, Wales, Scotland and N.Ireland

In both the boys and girls events Clubs can enter 2 individuals in each event per team.

Points will be awarded in each event to count towards the team total.

**entry fees** Free Entry to all County and Clubs Teams.

**ages** Boys & Girls U11 - 9 or 10 on 31st August 2023

Boys & Girls U13 - 11 or 12 on 31st August 2023

Boys & Girls U15 - 13 or 14 on 31st August 2023

Boys & Girls U17 - 15 or 16 on 31st August 2023

Boys & Girls U20 - 17 or over on 31st August 2022 but under 20

on 31st December 2023

**competitors** U11 can compete in 2 events plus relay

U13, U15 & U17 can compete in 3 events plus relay

U20 can compete in 5 events including relay

**substitutes** Substitutes will be allowed on the day, but must be registered upon arrival.

**entries to** Durham Assoc of Boys & Girls Clubs, Old Court House, Newcastle Road,

Chester le Street, Durham. DH3 3UATel.No. 0191 3831893 E-mail: dabgc@btconnect.com

**closing date. Friday, 30th June 2023**

**reporting time** 11.00am – 11.30am at Shildon-Sunnydale Leisure centre

**reporting procedure** Reporting will be at the running track opposite the Shildon-Sunnydale Leisure Centre and team managers will be issued with the following:-

1. Complimentary programmes for runners
2. Runners numbers and pins

**event times** Events starts at 12.00 noon

**parking** Ample free parking for cars and coaches is in the main car park. Additional parking has been arranged for this event

**meals** Drink and snacks will be available for purchase from vending machines but if you do not wish to do this, please make sure that your team members bring a packed lunch.

**presentations** Medals will be presented to the winner in each event throughout the afternoon.

Team trophies will be presented to the Captain of the winning teams on completion of the meeting.

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form boys under 11 9 or 10 years of age on 31st August 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  | | | | |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 75 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| *The Relay Team shall be confined to athletes from within this age group* | | | | |
| *Competitors may enter 2 events excluding Relay* | | | | |
| *Note: Reserve competitor’s names may only be entered on the day of the event.*  *No reserve competitor may compete in any event without authorisation* | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form boys under 13 11 or 12 years of age on 31st August 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  |  |  | |  |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *Competitors may enter 3 events excluding Relay* | | | | |
| *The same Athlete cannot compete in 800m and 1500m* | | | | |
| *The Relay Team shall be confined to athletes from within this age*  *Reserve competitor’s names may only be entered on the day of the event.*  *No reserve competitor may compete in any event without authorisation* | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form boys under 15 13 or 14 years of age on 31st August 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  |  |  | |  |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
|  |  |  | |  |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 300 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| Discus |  |  | |  |
|  |  |  | |  |
| Javelin |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *Competitors may enter 3 events excluding Relay* | | | | |
| *The same Athlete cannot compete in 800m and 1500m* | | | | |
|  | | | | |
| **The Relay Team shall be confined to athletes from within this age group** | | | | |
|  | | | | |
| ***Note: Reserve competitor’s names may only be entered on the day of the event.***  ***No reserve competitor may compete in any event without authorisation*** | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form boys under 17 15 or 16 years of age on 31st August 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
|  | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  | | | | |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 400 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Triple Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| Discus |  |  | |  |
|  |  |  | |  |
| Javelin |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *Competitors may enter 3 events excluding Relay* | | | | |
|  | | | | |
| **The Relay Team shall be confined to athletes from within this age group** | | | | |
|  | | | | |
| ***Note: Reserve competitor’s names may only be entered on the day of the event.***  ***No reserve competitor may compete in any event without authorisation*** | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form boys under 20 17** **or over on 31st August 2022**

**but under 20 on 31st December 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
|  |  |  | |  |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  |  |  | |  |
| ***EVENT*** | ***NAME*** | ***Date of Birth*** | | ***CLUB*** |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 400 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 3000 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay |  | | 3 | |
|  |  | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Triple Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| Discus |  |  | |  |
|  |  |  | |  |
| Javelin |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *Competitors may enter 5 events including Relay* | | | | |
|  | | | | |
| **The Relay Team shall be confined to athletes from within this age group** | | | | |
|  | | | | |
| ***Note: Reserve competitor’s names may only be entered on the day of the event.***  ***No reserve competitor may compete in any event without authorisation*** | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form girls under 11 9 or 10 years of age on 31st August 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  | | | | |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 75 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *Competitors may enter 2 events excluding Relay* | | | | |
| *The Relay Team shall be confined to athletes from within this age group* | | | | |
| *Note: Reserve competitor’s names may only be entered on the day of the event.*  *No reserve competitor may compete in any event without authorisation* | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form girls under 13 11 or 12 years of age on 31st August 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  | | | | |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| *The same Athlete can not complete in 800m and 1500m* | | | | |
| *Competitors may enter 3 events excluding Relay* | | | | |
| *The Relay Team shall be confined to athletes from within this age Note:*  *Reserve competitor’s names may only be entered on the day of the event.*  *No reserve competitor may compete in any event without authorisation* | | | | |
| |  | | --- | | **NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**  **UK Club Athletics Championships 2023** |   **Entry Form girls under 15 13 or 14 years of age on 31st August 2023**  ***CLUB………………………………. COUNTY ………………………………….***  ***Two Competitors per County for each Event (excluding relay)*** | | | | |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| Discus |  |  | |  |
|  |  |  | |  |
| Javelin |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *The same Athlete can not complete in 800m and 1500m* | | | | |
| *Competitors may enter 3 events excluding* | | | | |
| **The Relay Team shall be confined to athletes from within this age group** | | | | |
| ***Note: Reserve competitor’s names may only be entered on the day of the event***  ***No reserve competitor may compete in any event without authorisation*** | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form girls under 17 15 or 16 years of age on 31st August 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
|  | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  | | | | |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 300 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| Discus |  |  | |  |
|  |  |  | |  |
| Javelin |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *Competitors may enter 3 events excluding Relay* | | | | |
|  | | | | |
| **The Relay Team shall be confined to athletes from within this age group** | | | | |
|  | | | | |
| ***Note: Reserve competitor’s names may only be entered on the day of the event.***  ***No reserve competitor may compete in any event without authorisation*** | | | | |

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Entry Form girls under 20 17 or over on 31st August 2022**

**but under 20 on 31st December 2023**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***CLUB………………………………. COUNTY ………………………………….*** | | | | |
|  | | | | |
| ***Two Competitors per County for each Event (excluding relay)*** | | | | |
|  | | | | |
| *EVENT* | *NAME* | *Date of Birth* | | *CLUB* |
| 100 metres |  |  | |  |
|  |  |  | |  |
| 200 metres |  |  | |  |
|  |  |  | |  |
| 400 metres |  |  | |  |
|  |  |  | |  |
| 800 metres |  |  | |  |
|  |  |  | |  |
| 1500 metres |  |  | |  |
|  |  |  | |  |
| 4 x 100m Relay | 1 | | 3 | |
|  | 2 | | 4 | |
| High Jump |  |  | |  |
|  |  |  | |  |
| Long Jump |  |  | |  |
|  |  |  | |  |
| Shot |  |  | |  |
|  |  |  | |  |
| Discus |  |  | |  |
|  |  |  | |  |
| Javelin |  |  | |  |
|  |  |  | |  |
|  | | | | |
| *Competitors may enter 5 events including Relay* | | | | |
|  | | | | |
| **The Relay Team shall be confined to athletes from within this age group** | | | | |
|  | | | | |
| ***Note: Reserve competitor’s names may only be entered on the day of the event.***  ***No reserve competitor may compete in any event without authorisation*** | | | | |

***TIME TABLE OF EVENTS***

***TIME HEATS - TRACK EVENTS TIME TRACK EVENTS***

12 noon 200m Heats (if required) 12.30 p.m. T01 800m U11 Girls

T02 800m. U13 Girls

12.15 p.m. 400m Heats (if required) T03 800m U15 Girls

TO4 800m U17 Girls

2.45 p.m. 100m Heats (if required) T05 800m U20 Girls

T06. 800m U11 Boys

T07 800m U13 Boys

T08 800m U15 Boys

T09 800m U17 Boys

***TIME FIELD EVENTS*** T10 800m U20 Boys

12 pm F01 Shot U13 Girls 1.30 p.m. T11 200m U11 Girls

F02 Shot U15 Girls T12 200m U13 Girls

F03 Long Jump U17 Girls T13 200m U15 Girls

F04 Long Jump U20 Girls T14 200m U17 Girls

F05 High Jump U13 Boys T15 200m U20 Girls

F06 High Jump U15 Boys T16 200m U11 Boys

F07 Discus U17 Boys T17 200m U13 Boys

F08 Discus U20 Boys T18 200m U15 Boys

T19 200m U17 Boys

12.50 pm F09 Shot U13 Boys T20 200m U20 Boys

F10 Shot U15 Boys

F11 Long Jump U13 Girls 2.00 p.m. T21 1500m U13 Girls

F12 Long Jump U15 Girls T22 1500m U15 Girls

F13 High Jump U17 Boys T23 1500m U17 Girls

F14 High Jump U20 Boys T24 1500m U20 Girls

F15 Discus U17 Girls T25 1500m U13 Boys

F16 Discus U20 Girls T26 1500m. U15 Boys

T27 1500m U17 Boys

1.40 pm F17 Long Jump U11 Girls T28 1500m U20 Boys

F18 Long Jump U11 Boys

F19 Discus U15 Girls 3.00 p.m. T29 300m U17 Girls

F20 Discus U15 Boys T30 300m U15 Boys

F21 Shot U17 Boys T31 400m U20 Girls

F22 Shot U20 Boys T32 400m U17 Boys

F23 High Jump U17 Girls T33 400m U20 Boys

F24 High Jump U20 Girls

3.30 p.m. T34 75m U11 Girls

2.30 pm F25 High Jump U13 Girls T35 100m U13 Girls

F26 High Jump U15 Girls T36 100m U15 Girls

F27 Javelin U17 Girls T37 100m U17 Girls

F28 Javelin U20 Girls T38 100m U20 Girls

F29 Shot U11 Girls T39 75m U11 Boys

F30 Shot U11 Boys T40 100m U13 Boys

F31 Long Jump U17 Boys T41 100m U15 Boys

F32 Long Jump U20 Boys T42 100m U17 Boys

T43 100m U20 Boys

3.20 pm F33 High Jump U11 Girls

F34 High Jump U11 Boys 4.00 p.m. T44 3000m U20 Boys

F35 Javelin U17 Boys

F36 Javelin U20 Boys 4.35 p.m. T45 4 x 100m Relay U11 Girls

F37 Long Jump U13 Boys T46 4 x 100m Relay U13 Girls

F38 Long Jump U15 Boys T47 4 x 100m Relay U15 Girls

F39 Shot U17 Girls T48 4 x 100m Relay U17 Girls

F40 Shot U20 Girls T49 4 x 100m Relay U20 Girls

T50 4 x 100m Relay U11 Boys

4.10 pm F41 Triple Jump U17 Boys T51 4 x 100m Relay U13 Boys

F42 Triple Jump U20 Boys T52 4 x 100m Relay U15 Boys

F43 Javelin U15 Girls T53 4 x 100m Relay U17 Boys

F44 Javelin U15 Boys T54 4 x 100m Relay U20 Boys

**NATIONAL ASSOCIATION OF BOYS & GIRLS CLUBS**

**UK Club Athletics Championships 2023**

**Athletics Officials If your Club has anyone who would like to officiate at the National Athletics Club**

**Championships on Sunday, 2nd July 2023 please indicate below:**

***QUALIFIED OFFICIALS FIELD***

|  |  |  |
| --- | --- | --- |
|  | Name | Level |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |
| 6 |  |  |
| 7 |  |  |
| 8 |  |  |

***QUALIFIED OFFICIALS TRACK***

|  |  |  |
| --- | --- | --- |
|  | Name | Level |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |

***QUALIFIED OFFICIALS TIME-KEEPERS***

|  |  |  |
| --- | --- | --- |
|  | Name | Level |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |

***UNQUALIFIED OFFICIALS***

|  |  |  |
| --- | --- | --- |
|  | Name |  |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |

PLEASE RETURN THIS FORM WITH YOUR ENTRIES TO:

DURHAM ASSOCIATION BOYS AND GIRLS CLUBS

OLD COURT HOUSE

NEWCASTLE ROAD

CHESTER-LE-STREET

DH3 3UA

ANY QUERIES PLEASE TELEPHONE:

ALAN WATSON - 07917 156953

SIMON HEALEY - 07917 156954

OFFICE - 0191 383 1894

ENTRY FORMS ALSO AVAILABLE AT [www.dabgc.co.uk](http://www.dabgc.co.uk)